



# WHAT ARE THE 5 BEHAVIORS OF A COHESIVE TEAM™?

THE FIVE BEHAVIORS OF A COHESIVE TEAM™

The Five Behaviors of a Cohesive Team™ is powered by Everything DiSC® and is an assessment-based learning experience designed to help individuals and organizations understand what it takes to build a cohesive and effective team in an approachable, competent, and effective way. The Everything DiSC® profiles help participants understand their own DiSC styles to be able to bring together everyone's personalities and preferences to form a cohesive and productive team through hard work, but with a huge payoff-for individuals, teams, and organizations.

## HOW CAN IT HELP?

It helps teams to make better, faster decisions, taps into skills and opinions of all members, avoids wasting time, confusion, and destructive conflict, and talking about the wrong issues and topics over and over again, while creating a competitive advantage and is a lot more fun.

The 5 Behaviors of a Cohesive Team™ is based on teamwork:

- Trust** - Where team members trust each other through honesty and transparency.
- Conflict** - With trust, team members engage in unfiltered and constructive debates.
- Commitment** - When team members can offer opinions and debate ideas, they are more likely to commit to the decisions made.
- Accountability** - When everyone is committed to a clear plan of action, they are willing to hold one another accountable.
- Results** - The goal of building trust, conflict, commitment, and accountability is to achieve results.



GET IN TOUCH WITH US TODAY TO GET STARTED ON LEARNING MORE ABOUT THE FIVE BEHAVIORS OF A COHESIVE TEAM™!